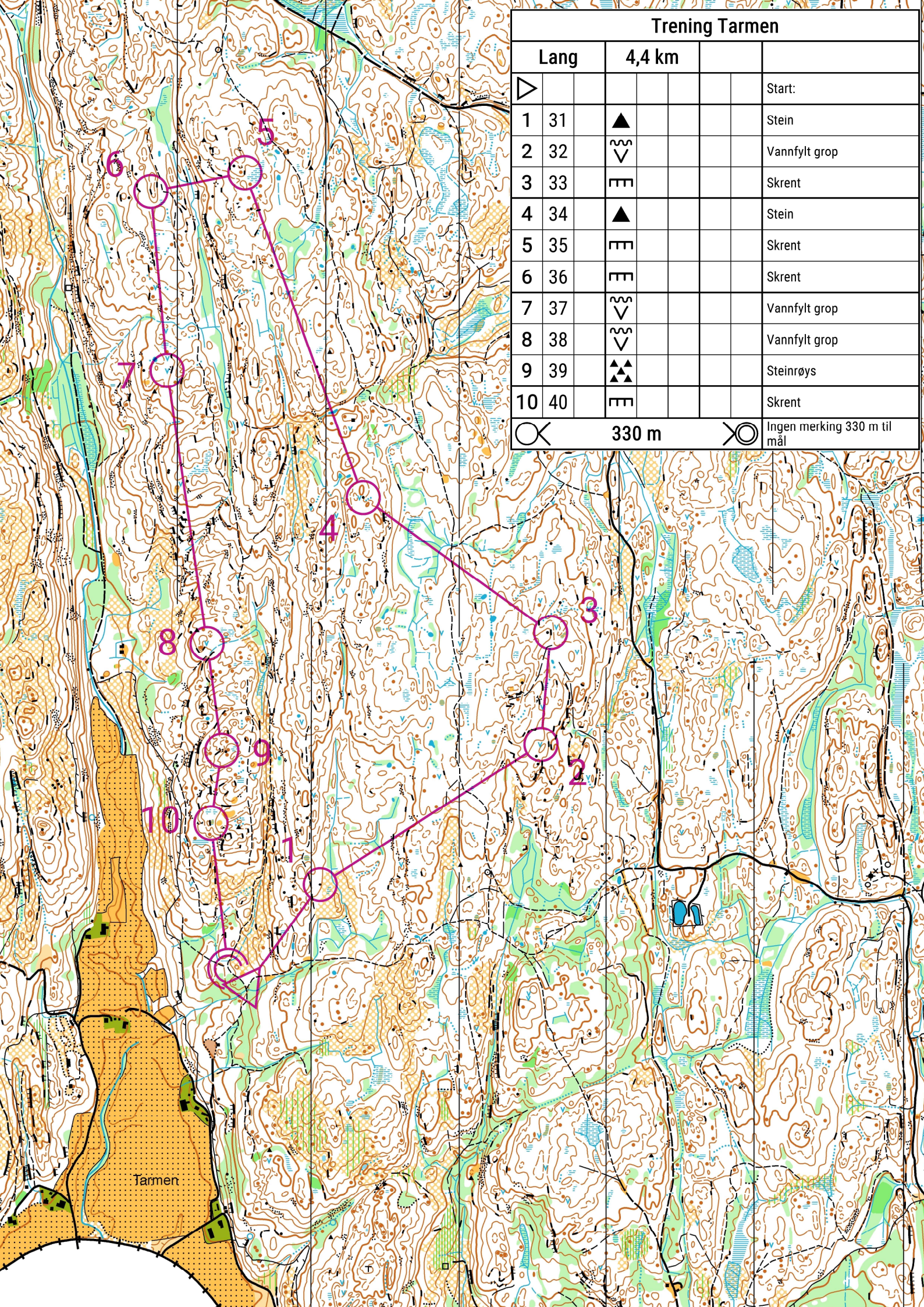
Trening Tarmen
Lang
4,4 km
Start:
1 31 Stein
2 32 Vannfylt grop
3 33 Skrent
4 34 Stein
5 35 Skrent
6 36 Skrent
7 37 Vannfylt grop
8 38 Vannfylt grop
9 39 Steinrøys
10 40 Skrent
330 m
Ingen merking 330 m til mål
Tarmen